



May 2010

Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and market trends



Jr. High Menu

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Have A Safe And Happy Summer!




Meal Prices
Paid Lunch \$ 2.10
Reduced Price Lunch \$ 3.40
Adult Lunch \$ 3.45
Paid Breakfast \$ 1.60

Summer Food Service Program

The Summer Food Service Program provides healthy meals at no charge to children age 18 and younger at a place near where you live. Your children get the food they need to fuel up for summer fun so they can learn, play and grow when they are not in school.

Assorted Milk Served Daily At Breakfast and Lunch

Campuses and Dates to be Announced

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Traditional Cuisine: BBQ Chicken Adobe Grill: Chicken Nachos Ballpark : Chicken Patty Sandwich Gourmet Greens: Italian Salad Luigi's Eatery: Rotini w/Marinara Sauce Fresh Fruit & Vegetable Bar Variety of Milk	Adobe Grill: Beef Enchilada Ballpark Classics: Cheeseburger Gourmet Greens: Taco Salad Luigi's Eatery: Hawaiian Pizza Red Dragon: Chicken Chow Mein Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Chili con Carne Adobe Grill: Chicken Wrap Ballpark Classics: Chicken Nuggets Gourmet Greens: Chicken w/Mixed Greens Luigi's Eatery: Chicken Alfredo Fresh Fruit & Vegetable Bar Variety of Milk	Adobe Grill: Bean & Cheese Taco Ballpark Classics: Sloppy Joe Gourmet Greens: Chicken Caesar Salad Luigi's Eatery: Pepperoni Calzone Red Dragon: Chicken Sezechwan Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Lasagna Adobe Grill: Chicken Quesadilla Ballpark Classics: Hamburger Gourmet Greens: Tuna Salad Sandwich Luigi's Eatery: Pepperoni Pizza Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Mexibiscuit Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Pig in the Blanket Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Breakfast Taco Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Cinnamon Roll Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Yogurt Parfait Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Traditional Cuisine: Beefy Macaroni Adobe Grill: Fish Taco Ballpark : Spicy Chicken Sandwich Gourmet Greens: Crispy Chicken Salad Luigi's Eatery: Hawaiian Pizza Fresh Fruit & Vegetable Bar Variety of Milk	Adobe Grill: Beef & Cheese Quesadilla Ballpark Classics: Hot dog Gourmet Greens: Chef Salad Luigi's Eatery: Spaghetti W/Meatballs Red Dragon: Sweet & Sour Pork Fresh Fruit & Vegetable Bar Variety of Milk	Traditional : Ham Cheese Sandwich Adobe Grill: Chicken Taco Hard Shell Ballpark Classics: BBQ Rib Sandwich Gourmet Greens: Garden Chicken Salad Luigi's Eatery: Cheese Pizza Fresh Fruit & Vegetable Bar Variety of Milk	Adobe Grill: Bean & Cheese Burrito Ballpark Classics: Chicken Sandwich Gourmet Greens: Grilled Chicken Salad Luigi's Eatery: Pepperoni Pizza Red Dragon: Chinese Vegetable Rice Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Chicken Fry Steak Adobe Grill: Chicken Fajitas Ballpark Classics: Cheeseburger Gourmet Greens: Italian Salad Luigi's Eatery: Meatlovers Pizza Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast French Toast Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Ham & Cheese Kolashe Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Ham & Egg Taco Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Cinnamon Roll Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Waffles w/Syrup Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Traditional : Sloppy Joe Sandwich Adobe Grill: Beef Burrito Ballpark Classics: Hamburger Gourmet Greens: Crispy Chicken Salad Luigi's Eatery: Rotini W/Meatsauce Fresh Fruit & Vegetable Bar Variety of Milk	Adobe Grill: Chicken Tostada Ballpark Classics: Mini Corndogs Gourmet Greens: Ham & Cheese Salad Luigi's Eatery: Pepperoni Calzone Red Dragon: Sweet & Sour Chicken Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Beefy Macaroni Adobe Grill: Chicken Fajita Taco Ballpark : Spicy Chicken Sandwich Gourmet Greens: Chef Salad Luigi's Spaghetti W/Meatsauce Fresh Fruit & Vegetable Bar Variety of Milk	Adobe Grill: Beef Enchiladas Ballpark Classics: Popcorn Chicken Gourmet Greens: Chicken Caesar Salad Luigi's Eatery: Sausage Pizza Red Dragon: Beef Teriyaki Dippers Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Chicken Noodles Adobe Grill: Bean & Cheese Burrito Ballpark Classics: Cheeseburger Gourmet Greens: Italian Salad Luigi's Eatery: Sausage Calzone Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Ham & Cheese Biscuit Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Breakfast Egg & Cheese Taco Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Cinnamon Roll Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Bean & Cheese Burrito Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Ham & Cheese Kolashe Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Traditional Cuisine: Salisbury Steak Adobe Grill: Cheese Quesadilla Ballpark Classic: Patty Melt Gourmet Greens: Taco Salad Luigi's Eatery: Meatlovers Pizza Fresh Fruit & Vegetable Bar Variety of Milk	Adobe Grill: Beef Tostada Ballpark Classics: BBQ Rib Sandwich Gourmet Greens: Tuna Salad W/Mix Greens Luigi's Eatery: Pepperoni Calzone Red Dragon: Chicken Chow Mein Fresh Fruit & Vegetable Bar Variety of Milk	Traditional : Rotini W/Meatsauce Adobe Grill: Beef Taco Soft Shell Ballpark Classics: Cheeseburger Gourmet Greens: Chicken Caesar Salad Luigi's Eatery: BBQ Chicken Pizza Fresh Fruit & Vegetable Bar Variety of Milk	Adobe Grill: Beef Enchiladas Ballpark Spicy Chicken Sandwich Fresh Fruit & Vegetable Bar Variety of Milk	
Breakfast Pig in a Blanket Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Yogurt Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Ham & Cheese Kolache Fresh Fruit & Vegetable Bar Assorted Low Sugar Cereal	Breakfast Cinnamon Roll Fresh Fruit Selection Assorted Low Sugar Cereal	

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District Chef Victor Sepulveda 830-399-9418

Comments?

Menu is Subject to change.

