



# May 2010

Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and market trends



High School

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## Have A Safe And Happy Summer!



### Summer Food Service Program

The Summer Food Service Program provides healthy meals at no charge to children age 18 and younger at a place near where you live. Your children get the food they need to fuel up for summer fun so they can learn, play and grow when they are not in school.

High School

Meal Prices  
Paid Lunch \$ 2.10  
Reduced Price Lunch \$ 3.40  
Adult Lunch \$ 3.45  
Paid Breakfast \$ 1.60

Assorted Milk Served Daily

At Breakfast and Lunch

Campuses and Dates to be Announced

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
<b>Traditional Cuisine:</b> BBQ Chicken <b>Adobe Grill:</b> Chicken Nachos <b>Ballpark :</b> Chicken Patty Sandwich <b>Gourmet Greens:</b> Italian Salad <b>Luigi's Eatery:</b> Rotini w/Marinara Sauce <b>Red Dragon:</b> Teriyaki Chicken Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Mexibiscuit Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Traditional Cuisine:</b> Meatloaf <b>Adobe Grill:</b> Beef Enchilada <b>Ballpark Classics:</b> Cheeseburger <b>Gourmet Greens:</b> Taco Salad <b>Luigi's Eatery:</b> Hawaiian Pizza <b>Red Dragon:</b> Chicken Chow Mein Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Pig in the Blanket Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Traditional Cuisine:</b> Chili con Carne <b>Adobe Grill:</b> Chicken Wrap <b>Ballpark Classics:</b> Chicken Nuggets <b>Gourmet Greens:</b> Chicken w/Mixed Greens <b>Luigi's Eatery:</b> Chicken Alfredo <b>Red Dragon:</b> Beef & Broccoli Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Breakfast Taco Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Traditional Cuisine:</b> Salisbury Steak <b>Adobe Grill:</b> Bean & Cheese Taco <b>Ballpark Classics:</b> Sloppy Joe <b>Gourmet Greens:</b> Chicken Caesar Salad <b>Luigi's Eatery:</b> Pepperoni Calzone <b>Red Dragon:</b> Chicken Sechwan Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Cinnamon Roll Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Traditional Cuisine:</b> Lasagna <b>Adobe Grill:</b> Chicken Quesadilla <b>Ballpark Classics:</b> Hamburger <b>Gourmet Greens:</b> Tuna Salad Sandwich <b>Luigi's Eatery:</b> Pepperoni Pizza <b>Red Dragon:</b> Korean Chicken Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Yogurt Parfait Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
<b>Traditional Cuisine:</b> Beefy Macaroni <b>Adobe Grill:</b> Fish Taco <b>Ballpark :</b> Spicy Chicken Sandwich <b>Gourmet Greens:</b> Crispy Chicken Salad <b>Luigi's Eatery:</b> Hawaiian Pizza <b>Red Dragon:</b> Beef Teriyaki Dippers Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> French Toast Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Traditional Cuisine:</b> Beef Steak <b>Adobe Grill:</b> Beef & Cheese Quesadilla <b>Ballpark Classics:</b> Hot dog <b>Gourmet Greens:</b> Chef Salad <b>Luigi's Eatery:</b> Spaghetti w/Meatballs <b>Red Dragon:</b> Sweet & Sour Pork Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Ham & Cheese Kolashe Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Traditional :</b> Ham Cheese Sandwich <b>Adobe Grill:</b> Chicken Taco Hard Shell <b>Ballpark Classics:</b> BBQ Rib Sandwich <b>Gourmet Greens:</b> Garden Chicken Salad <b>Luigi's Eatery:</b> Cheese Pizza <b>Red Dragon:</b> Beef Stir Fry Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Ham & Egg Taco Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Traditional Chicken Lemon Pepper</b> <b>Adobe Grill:</b> Bean & Cheese Burrito <b>Ballpark Classics:</b> Chicken Sandwich <b>Gourmet Greens:</b> Grilled Chicken Salad <b>Luigi's Eatery:</b> Pepperoni Pizza <b>Red Dragon:</b> Chinese Vegetable Rice Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Cinnamon Roll Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Traditional Cuisine:</b> Chicken Fry Steak <b>Adobe Grill:</b> Chicken Fajitas <b>Ballpark Classics:</b> Cheeseburger <b>Gourmet Greens:</b> Italian Salad <b>Luigi's Eatery:</b> Meatlovers Pizza <b>Red Dragon:</b> Orange Chicken Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Waffles w/Syrup Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
<b>Traditional :</b> Sloppy Joe Sandwich <b>Adobe Grill:</b> Beef Burrito <b>Ballpark Classics:</b> Hamburger <b>Gourmet Greens:</b> Crispy Chicken Salad <b>Luigi's Eatery:</b> Rotini W/Meatsauce <b>Red Dragon:</b> Korean Chicken Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Ham & Cheese Biscuit Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Traditional Cuisine:</b> BBQ Chicken <b>Adobe Grill:</b> Chicken Tostada <b>Ballpark Classics:</b> Mini Corndogs <b>Gourmet Greens:</b> Ham & Cheese Salad <b>Luigi's Eatery:</b> Pepperoni Calzone <b>Red Dragon:</b> Sweet & Sour Chicken Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Breakfast Egg & Cheese Taco Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Traditional Cuisine:</b> Beefy Macaroni <b>Adobe Grill:</b> Chicken Fajita Taco <b>Ballpark :</b> Spicy Chicken Sandwich <b>Gourmet Greens:</b> Chef Salad <b>Luigi's Spaghetti W/Meatsauce</b> <b>Red Dragon:</b> Beef Stir Fry Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Cinnamon Roll Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Traditional :</b> Turkey Ham Sandwich <b>Adobe Grill:</b> Beef Enchiladas <b>Ballpark Classics:</b> Popcorn Chicken <b>Gourmet Greens:</b> Chicken Caesar Salad <b>Luigi's Eatery:</b> Sausage Pizza <b>Red Dragon:</b> Beef Teriyaki Dippers Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Bean & Cheese Burrito Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Traditional Cuisine:</b> Chicken Noodles <b>Adobe Grill:</b> Bean & Cheese Burrito <b>Ballpark Classics:</b> Cheeseburger <b>Gourmet Greens:</b> Italian Salad <b>Luigi's Eatery:</b> Sausage Calzone <b>Red Dragon:</b> Beef & Broccoli Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Ham & Cheese Kolashe Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
<b>Traditional Cuisine:</b> Salisbury Steak <b>Adobe Grill:</b> Cheese Quesadilla <b>Ballpark Classic:</b> Patty Melt <b>Gourmet Greens:</b> Taco Salad <b>Luigi's Eatery:</b> Meatlovers Pizza <b>Red Dragon:</b> Sweet & Sour Pork Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Pig in a Blanket Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Traditional Cuisine:</b> Meatloaf <b>Adobe Grill:</b> Beef Tostada <b>Ballpark Classics:</b> BBQ Rib Sandwich <b>Gourmet Greens:</b> Tuna Salad W/Mix Greens <b>Luigi's Eatery:</b> Pepperoni Calzone <b>Red Dragon:</b> Chicken Chow Mein Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Yogurt Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Traditional :</b> Rotini W/Meatsauce <b>Adobe Grill:</b> Beef Taco Soft Shell <b>Ballpark Classics:</b> Cheeseburger <b>Gourmet Greens:</b> Chicken Caesar Salad <b>Luigi's Eatery:</b> BBQ Chicken Pizza <b>Red Dragon:</b> Chinese Vegetables Rice Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Ham & Cheese Kolache Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Traditional Cuisine:</b> Chicken Fry Steak <b>Adobe Grill:</b> Beef Enchiladas Fresh Fruit & Vegetable Bar Variety of Milk <b>Breakfast</b> Cinnamon Roll Fresh Fruit Selection Assorted Low Sugar Cereal	

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Foodservice Director: Fernando Mendez 830-591-4913  
District Chef Victor Sepulveda 830-399-9418

Comments?

Menu is Subject to change.

